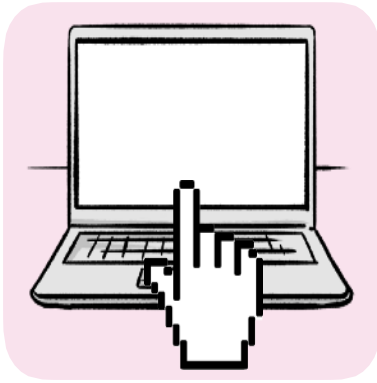


Young people's experience of Oral Health Report





Some words are pink and underlined.

These are links that will go to another website which has more information

About Healthwatch



We listen to what people think about health and care services



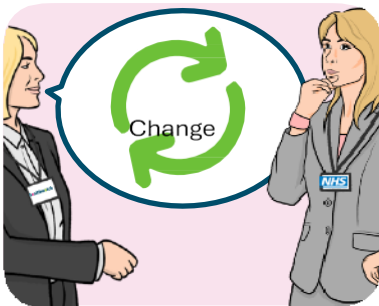
We listen to everyone, especially to people who find it difficult to be heard



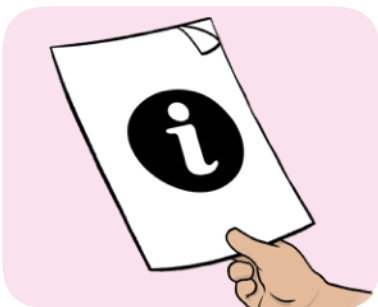
We think about what people say and work out how health and care services should change and get better



We tell managers of health and care services what people think about their services



What changes they should make so their services get better

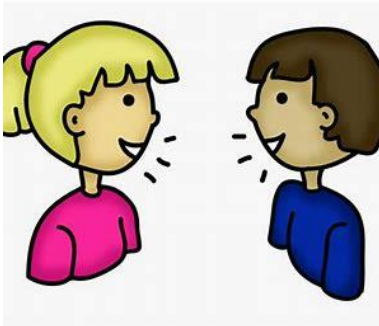


We give people advice and information about health and care services

The Project



Good mouth and dental health allows you to:

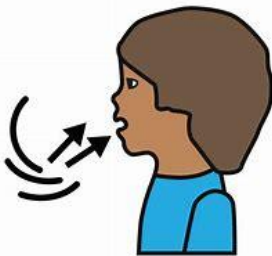


- speak



- eat

Take deep breath



- breathe



- and smile without pain



Most dental issues can be treated early by following a good dental health routine



Tooth decay is the most common dental disease



In England there are issues for people to get an NHS dentist



Young Healthwatch Northamptonshire worked with:



Public Health in North Northamptonshire and West Northamptonshire



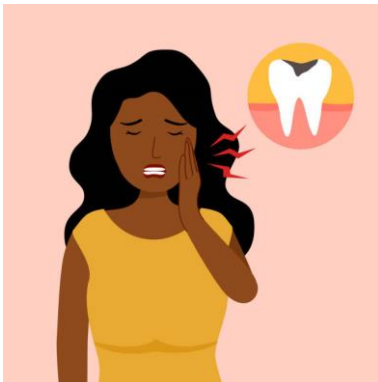
Young Healthwatch designed 10 questions to ask young people



Question 1 –What is important to keep your mouth and teeth healthy?



Question 2– How would you rate your overall oral health out of 10?



Question 3– Have you had mouth pain?



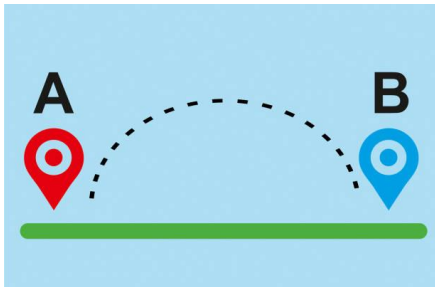
Question 4– Do you have a dentist that you go to often?



Question 5– Do you go to the same dentist on each visit?



Question 6– When was your last visit to dentist?



Question 7– How close is your dentist? Is it easy to get to?



Question 8– What has your experience of dental care been like?



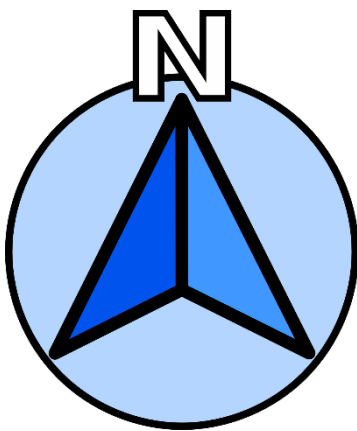
Question 9– Do you know where to find information about oral care? If so where?



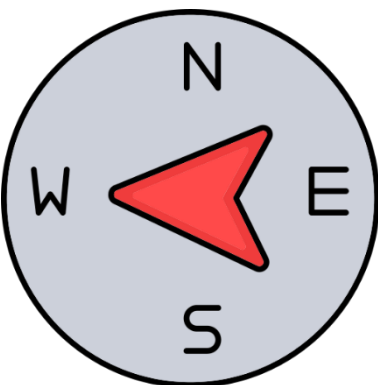
10- Who do you trust to give you information about oral care?



Young Healthwatch held 2 focus groups in schools



1 in North Northamptonshire and



1 in West Northamptonshire



35 Young people took part



A report was written about what they told Young Healthwatch.

Young Healthwatch made 3 recommendations.

These were that there should be:



Continue to work with:

- Commissioners
- Service providers
- Public health



Awareness Campaign

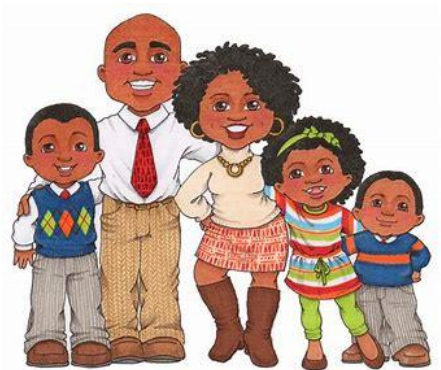
To raise awareness and campaign for better access to dentistry



To carry out more surveys with:



- Children and young people



- And families

Response from North Northamptonshire Council and West Northamptonshire Council Public Health



Thank you to Young Healthwatch for sharing this report



This will help us understand oral health in Northamptonshire



To help stop poor oral health



North and West
Northamptonshire Council
Public Health colleagues chair
the Northamptonshire Oral
Health Alliance

Response from Northamptonshire's Integrated Care Board



The Integrated Care Board
(ICB) is now responsible for
dental services in
Northamptonshire



Work is underway to get
more NHS dentists in the
county

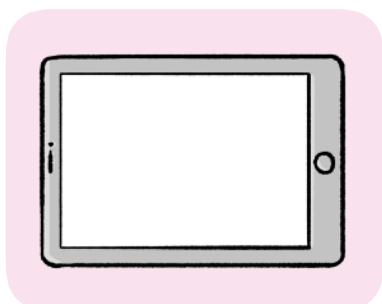


A 'Big Thank You' to everyone who took part and made this report possible:

- Young people that took part in the focus groups
 - Kingsthorpe College
 - Kingswood Secondary Academy
- Public Health West and North Northamptonshire

For more information

You can look at our website here:



[Young Healthwatch
Northamptonshire |
Healthwatch
Northamptonshire](#)



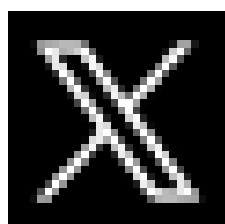
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